

Psychology and Life

Online Winter School @ Fudan SOE 2021

Course Title	Psychology and Life		
Credit	3	Credit Hours	48 credit hours
Course Objectives	<p>Upon completion of this course, students should be able to:</p> <ul style="list-style-type: none"> ● Have a solid understanding of basic concepts, methods, and results in the study of Psychology ● Apply these theories to their own personal and professional experiences ● Think critically, focusing on research methods <p>Be able to appreciate and critically evaluate the basic meaning, if not every detail, of novel findings in psychology and neuroscience.</p>		
Course Description	<p>The field of psychology is very broad and covers both the Micro-level analyses of nerve cell processes and the macro-level analyses of cultural systems. This course is designed to give students an overview of topics within the field of psychology, such as perception, attention, memory, language, emotion, motivation, and personality et al. Students will be introduced to the basics of the scientific method, so that they could use solid scientific research to combat with psychological misconceptions. Whether or not a psychology major, students will see why psychological knowledge is directly relevant to the decisions we make every day of your lives. Furthermore, they will be encouraged to come up with their own empirical questions about Psychology.</p>		
<p>Course Requirements:</p> <p>Prerequisites: N/A</p> <p>This is an introductory course of Psychology. Students who are interested in what Psychology is about and how psychological knowledge is relevant to their lives are welcomed.</p>			
<p>Teaching Methods:</p> <ul style="list-style-type: none"> • Lectures • Class discussions • Student presentations 			

Course Schedule**Week 1**

- 1.1 Introduction to course & Chapter 1. Thinking Critically with Psychological Science
- 1.2 Chapter 2. Research Methods in Psychology
- 1.3 Chapter 3. The Biological and Evolutionary Bases of Behavior & Chapter 5 Mind, Consciousness, and Alternate States

Week 2

- 2.1 Chapter 4 Sensation and Perception
- 2.2 Chapter 6. Learning and Behavior Analysis
- 2.3 Chapter 7. Memory

Week 3

- 3.1 Chapter 8. Language & Chapter 11. Motivation
- 3.2 Chapter 9 Intelligence and Intelligence Assessment.
- 3.3 Chapter 10. Human Development Across the Life Span

Week 4

- 4.1 Chapter 13 Personality
- 4.2 Chapter 14.& 15 Psychological Disorders and Therapies
- 4.3 Open book exam

The design of class discussion or exercise, practice, experience and so on:

Students will form small groups of 4-6 people and study by groups. There are two kinds of group assignments:

1. Micro-homework

Each group will be asked to post a summary of their discussion after the study of each lecture (no more than 1 page). This summary may include (1) points that they think most impressive in this lecture, or /and (2) problems that they don't understand, or/and (3) questions that they would like to raise to other groups. The purpose of this homework is to urge students to reflect upon what has been taught, and to ensure they understand the basic contents in each lecture.

2. Presentation:

Each group will be required to present related papers to each chapter in the class. More details about group presentation will be provided in the first class. I also encourage students to present papers by their own interest.

Grading & Evaluation:

- Course participation – 20%
- Homework – 20%
- Group Presentation – 20%
- Final Exam – 40%

The final exam will be an open-book written exam composed of multiple-choice questions and short-essay questions.

No make-up exam will be provided.

Teaching Materials & References:

Richard J. Gerrig, Psychology and Life, 20th Edition, Pearson Education, Inc. 2012

Chinese version: 心理学与生活（第 19 版）【美】理查德·格里格 & 菲利普·津巴多著,人民邮电出版社,出版时间： 2016 年 1 月